

MORE HEALTH, INC.



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Contact: Karen Pesce, Executive Director

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Population served:

Children and their families in all ethnic groups and socioeconomic levels.

Description of services:

MORE HEALTH, Inc., a non-profit 501 (c)3 organization, teaches 24 interactive health and injury prevention lessons to students in grades K-12 in the public and private schools throughout the Tampa Bay area. The lessons are taught by highly qualified and trained instructors and are **free** to the school districts. MORE HEALTH develops all curriculums and makes health education come alive by using giant custom-designed signage, visuals, puppets, songs, and books. Pre-visit and post-visit packets are sent to the schools, and follow-up letters and brochures are sent home to the parents.

MORE HEALTH taught over 200,000 students in the 07-08 school year providing lessons on topics such as nutrition, bone health, firearm safety, poison prevention, bicycle and pedestrian safety, skin cancer prevention, trauma prevention, heart health, dental, and hygiene. In addition, we teach two evening programs for parents and children including the Healthy and Fit For Life Program and the Firearm Safety Community Evening program. Tampa General Hospital, All Children's Hospital, the School Districts of Hillsborough and Pinellas Counties as well as many other community partners fund MORE HEALTH. Due to the high demand for the lessons, we have a long waiting list and are seeking additional sponsors to enable us to meet these growing needs. Several of the MORE HEALTH lessons have been formally studied by the USF College of Public Health and were published in national and international journals showing the lessons to be effective in knowledge gained and behavior changed.

Eligibility for services:

We teach the majority of our lessons to children in schools. No eligibility required.

If there is a fee for service, forms of payment accepted:

We do not charge for our lessons in the schools. We do charge for our Supersitters classes and accept cash or checks.

