

HILLSBOROUGH COUNTY EXTENSION - NUTRITION



Address: 5339 South County Road 579
Tampa, Florida 33684

Telephone: (813) 744-5519 ext. 136

Website: www.hillsboroughnutrition.ifas.ufl.edu

Contact: Mary Keith, PhD, LD

Email: mkeith@ufl.edu

Population served:
Residents of Hillsborough County

Description of services:
Education in nutrition, health, and food safety:
Classes address: nutrition, label reading, eating for health (particularly in regards to diabetes, heart health, blood pressure, and others), economical healthy food shopping, safe food handling

Eligibility for services:
Residency in Hillsborough County
(sample audiences: child care providers, worksite wellness, neighborhood groups, churches, professional groups)

If there is a fee for service, forms of payment accepted:
No fees, except for a few certificate-granting classes. Check, cash, or money order are accepted for these.