

UNIVERSITY OF FLORIDA - EXTENSION SERVICES EXPANDED FOOD & NUTRITION EDUCATION PROGRAM

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Population served:

Individuals of low income; at-risk audiences – youth and adults with children.

Description of services:

Assist low-income families, especially those with young children, to acquire the knowledge, skills, attitudes, and changed behaviors necessary for nutritionally sound diets, and to contribute to their personal development and the improvement of total family diet and nutritional welfare. Fitness and nutrition education

Eligibility for services:

Food stamp clients, WIC clients
Youth on free or reduced school meals
Public assistance clients with children

If there is a fee for service, forms of payment accepted: Services are provided at no cost to participants